

Date	Day	Continental	Indian	Desserts	Accompaniments
09/12/2019	Monday	SALAD: Chinese & Red Cabbage Salad/Mushroom Salad, NON VEG :Jamaican Spice Chicken , VEG1: Mac N Cheese, VEG2: Steam Veg(French Beans, Carrot, Zucchini), BREAD:-	Veg1: Veg Home style , veg 2: Masoor Masala, Dal: Dal Tadka, RICE: Steam Rice Rice, Roti: Chapatti	FRUITS: Cut Fruit, DESSERTS: Gulab Jamun	Pickel/ Papad Chutney
10/12/2019		SALAD: Mix Sprouts Salad/Boiled Corn Salad, NON VEG :Chinese Chicken , VEG1: Singaporean Noodles, VEG2: Stir Fried Veg, BREAD:-	Veg1: Beans Foogath , veg 2: Kadala Curry, Dal: Dal , RICE: Plain Rice , Roti: Phulka	FRUITS: Cut Fruit, DESSERTS: Apple Pie	Pickel/ Papad Chutney
11/12/2019	Wednesday	SALAD: Ice Berg Salad/Grilled Chicken, NON VEG :Irish Stew, VEG1: Mash Potato, VEG2: Steam Veg (Mushroom, Beans, Carrots), BREAD:-	Veg1: Babycorn Mushroom Masala , Veg 2: Chawli Usal, Dal: Dal Makhani, RICE: Jeera Rice, Roti: Chapatti	FRUITS: Cut Fruit, DESSERTS: Vanilla Muffins	Pickel/ Papad Chutney
12/12/2019	Thursday	SALAD: Black & Red Beans Salad/Romaine Lettuce, NON VEG :Assorted Omellets, VEG1: Pasta (Tomato Sauce), VEG2: Steam Veg (Sweet Potato, Beans, Carrots), BREAD:-	Veg1: Cabbage Home style , Veg 2: Aloo Tomato Rasedar, Dal: Dal Fry, RICE: Plain Rice, Roti: Chapatti	FRUITS: Cut Fruit, DESSERTS: Chocolate & Oats Cookies	Pickel/ Papad Chutney
13/12/2019	Friday	SALAD: Bell pepper Salad/Mix Pasta Salad, NON VEG :Chicken Burger, VEG1: Veg Burger, VEG2: Potato Wedges , BREAD:-	Veg1: Dahi Wada, Veg 2: Paneer Masala, Dal: Dal Fry, RICE: Veg Dum Biryani, Roti: Chapatti/Bathurey	FRUITS: Cut Fruit, DESSERTS: Ice Cream	Pickel/ Papad Chutney