

Food Menu

January 2026



Mahindra
International School
INSPIRE LEARNING • FOSTER RESPONSIBILITY • CELEBRATE DIVERSITY

Week 1 (Dates: 5th Jan - 9th Jan)

	Monday 5 th Jan ‘26	Tuesday 6 th Jan ‘26	Wednesday 7 th Jan ‘26	Thursday 8 th Jan ‘26	Friday 9 th Jan ‘26
Lunch		Russian Theme			
Salad Bar 🥗	Diced Cucumber, Tomato, Carrots, Beetroot				
	Chef Salad /Sprouts Salad	Classic Caesar Salad / Three Beans Salad	Chef Salad /Ribbon Salad	Corn Salad/ Tossed Salad	German Potato Salad/ Lentil Salad
Soup 🍲	Cream of Peas Soup	Borscht Soup			
Themed Lunch	Meatless Monday Pasta Alfredo Veg Subway Burger	Baked Chicken Ala Kiev Veg Stroganoff Stuff Cabbage with Marinara Sauce	Chinese Chicken Sweet & Sour Veg Singapore Noodle Schezwan Rice	Butter Chicken Mac & Cheese Steamed Vegetables	Chicken Pizza Veg Pizza Tossed Vegetable
Indian Lunch 🍛	Mix Veg Homestyle Palak Paneer Dal Tadka Steam Rice Chapati	Aloo Gobhi White Watana Usal Dal Plain Steam Rice Chapati	Veg Jalfrezi Palak & Paneer Kofta Curry Dal Fry Steam Rice Chapati	Doodhi Chana Chole Masala Dal Masala Steam Rice Chapati	Paneer Peshwari Tikka Masala Papdi Chat Dal Makhani Dhaba Pulav Chapati
Desserts 🍰	Biscuit Cake		Assorted Doughnuts		Ice Cream
Fruits 🍏 - Cut fruits					
Accompaniments 🥛 - Papad/Pickle/Raita					

Week 2 (Dates: 12th Jan - 16th Jan)

	Monday 12 th Jan ‘26	Tuesday 13 th Jan ‘26	Wednesday 14 th Jan ‘26	Thursday 15 th Jan ‘26	Friday 16 th Jan ‘26
Lunch		Italian Theme			
Salad Bar 🥗	Diced Cucumber, Tomato, Carrots, Beetroot				
	Green Moong Salad/Kites Salad	Tomato & Basil Salad / Three Beans Salad	Classic Lentil Salad /Stick Salad	Toss Salad/ Corn Salad	Lentil Salad / Tomato & Basil Salad
Soup 🍲	Cream of Broccoli Soup	Minestrone Soup			
Themed Lunch	Meatless Monday Veg Quesadilla Potato Wedges Tossed Vegetable	Chicken Cacciatore Pasta with Crème Garlic Sauce Mix Vegetable Rice	Chicken Lasagna Veg Lasagna Steam Vegetable	Grilled Fish with Chimichurri Sauce Veg Caponata Tossed Vegetables	Chicken Fillo Wrap Veg Fillo Wrap Tossed Vegetables
Indian Lunch 🍛	Tawa Vegetable Pav Bhaji Dal Triveni Steam Rice Chapati/Pav	Aloo Bhindi Veg Kofta Curry Dal Tadka Steam Rice Chapati	Cabbage Homestyle Chawli Usal Kadi Pakoda Dal Kichadi Chapati	Mix Veg Kadai Chole Masala Dal Fry Steam Rice Chapati/Bhatura	Dahi Wada Paneer Lababdar Dal Adraki Vegetable Pulao Chapati
Desserts 🍰	Gajar Halwa		Swiss Roll		Ice Cream
Fruits 🍏 - Cut fruits					
Accompaniments 🥫 - Papad/Pickle/Raita					

Week 3 (Dates: 19th Jan – 23rd Jan)

	Monday 19 th Jan ‘26	Tuesday 20 th Jan ‘26	Wednesday 21 st Jan ‘26	Thursday 22 nd Jan ‘26	Friday 23 rd Jan ‘26
Lunch		British Theme			
Salad Bar 🥗	Diced Cucumber, Tomato, Carrots, Beetroot				
	Lentil Salad / Green Garden Salad	Potato & Mayo Salad/Stick Salad	Three Beans Salad /Ribbon Salad	Tomato & Basil Salad/Green Salad with Crotons Salad/Carrot & Raisian Salad	
Soup 🍲	Veg Broth Soup	Pea & Mint Soup			
Themed Lunch	Meatless Monday Live Pasta Counter Tossed Vegetable Garlic Bread	Chicken & Mushroom Pie Roasted Vegetable Cauliflower Morney	Chicken Tikka Masala Veg Lasagna Steam Vegetable	Marinated BBQ Chicken Veg Ratatouille Baked Potato with Onion & Creamy Sauce Bread Roll	
Indian Lunch 🍛	Aloo Gobhi Paneer Pasanda Dal Bukhara Steam Rice Chapati	Bhindi Do Pyaza Pav Bhaji Dal Fry Steam Rice Chapati/ Pav	Veg Kolhapuri Rajma Masala Dal Plain Steam Rice Chapati	Vegetable Korma Chole Masala Dal Fry Steam Rice Chapati	
Desserts 🍰	Chocolate Pastry		Apple Cinnamon Muffins		
Fruits 🍏 - Cut fruits					
Accompaniments 🥫 - Papad/Pickle/Raita					

Week 4 (Dates: 26th Jan – 30th Jan)

	Monday 26 th Jan ‘26	Tuesday 27 th Jan ‘26	Wednesday 28 th Jan ‘26	Thursday 29 th Jan ‘26	Friday 30 th Jan ‘26
Lunch		Australia Theme			
Salad Bar 🥗	Diced Cucumber, Tomato, Carrots, Beetroot				
		Australian Potato Salad/ Tossed Salad	Aloo Papdi Chat Salad / Sprouts Salad	Black & Red Beans / Garden Green Salad	Lentil Salad / Stick Salad
Soup 🍲		Pea & Mint Soup			
Themed Lunch		Pumpkin Parsley Soup Chicken Stir Fry Rustic Vegetable Baked Vegetable Stir Fry	Mutton Stew Vegetable Stew Mashed Potato	Chicken 65 Hot & Sour Veg Veg Hakka Noodle Veg Fried Rice	Chicken Burger Veg Burger Potato Wedges
Indian Lunch 🍛		Bhindi Kurkure Veg Kofta Curry Dal Lahsooni Plain Rice Phulka	Veg Homestyle Rajma Masala Dal Fry Plain Pulav Phulka	Gobi Adraki Masoor Masala Plain Dal Steam Rice Chapati	Paneer Butter Masala Samosa Chat Dal Makhani Vegetable Pulav Phulka
Desserts 🍰			Oats Cookies		Ice Cream
Fruits 🍏 - Cut fruits					
Accompaniments 🥫 - Papad/Pickle/Raita					