

Food Menu

June 2026

Week 1 (Dates: 1st June - 5th June)

	Monday 1 th June '26	Tuesday 2 nd June '26	Wednesday 3 rd June '26	Thursday 4 th June '26	Friday 5 th June '26
Lunch		Spanish Theme		Bengali Theme	
Salad Bar 🥗	Diced Cucumber, Tomato, Carrots, Beetroot				
	Crunch Salad /Sprouts Salad	Ensalada De Escalivada(Roasted Vegetable Salad)/ Bell Pepper	Classic Caesar Salad / Three Beans Salad	Corn Salad/ Tossed Salad	Potato Salad/ Lentil Salad
Soup 🍲		Lime Water		Butter Milk	
Themed Lunch	Meatless Monday Veg Burger Potato Wedges Tossed Vegetable	Pollo al Ajillo (Garlic Chicken) Pisto Manchego (Spanish Ratatouille) Verduras Asadas Corn Romesco (Roasted Vegetable)	Chicken Hot & Sour Sweet & Sour veg Veg Hakka Noodle Veg Fried Rice	Chicken Murg Musallam Mac & Cheese Steamed Vegetables	Chicken Calzone Veg Calzone Tossed Vegetable
Indian Lunch 🍛	Paneer Do Pyaza Dal Makhani Navratna Pulao Chapati	Palak Lasooni Dal Triveni Steam Rice Chapati	Cabbage Homestyle Dal Plain Steam Rice Chapati	Alur Dum (Dum Aloo) Chholar Dal Steam Rice Chapati	Peri Peri Paneer Tikka Masala Dahi Vada Dal Tadka Bombay Pulao Chapati
Desserts 🍰	Mango Souffle		Chocolate Choco Muffins		Ice Cream
Fruits 🍏 - Cut fruits					
Accompaniments 🥄 - Papad/Pickle/Raita					

Week 2 (Dates: 8th June - 12th June)

	Monday 8th June '26	Tuesday 9th June '26	Wednesday 10th June '26	Thursday 11th June '26	Friday 12th June '26
Lunch		Canada Theme		Punjabi Theme	
Salad Bar 🥗	Diced Cucumber, Tomato, Carrots, Beetroot				
	Green Moong Salad/Kites Salad	Canadian Salad/Greek Salad	Classic Lentil Salad /Stick Salad	Tossed Salad/ Corn Salad	Lentil Salad / Tomato & Basil Salad
Soup 🍲		Watermelon Juice		Lime Water	
Themed Lunch	Meatless Monday Pasta Alfredo Garlic Bread Vegetable Stir-Fry	Smothered Chicken Vegetable Pot Pie Filling (Veg) – Thick vegetable gravy. Tossed Vegetable	Grilled Fish with Chimichurri Sauce Pasta with Tomato Sauce Tossed Vegetable	Chicken Butter Masala Creamy Zucchini & Potato Bake Tossed Vegetables	Chicken Roll Vegetable Roll Tossed Vegetables
Indian Lunch 🍛	Matar Paneer Chilka Moong dal Steam Rice Chapati	Chole Masala Dal Tadka Steam Rice Chapati/Puri	Gobi Homestyle Dal Panchmel Steam Rice Chapati	Tawa Veg Dal Makhani Jeera Rice Chapati	Papdi Chat Paneer Butter Masala Dal Adraki Vegetable Pulao Chapati
Desserts 🍰	Chocolate Mousse		Assorted Doughnuts		Ice Cream
Fruits 🍏 - Cut fruits					
Accompaniments 🥤 - Papad/Pickle/Raita					

Week 3 (Dates: 15th June – 19th June)

	Monday 15th June '26	Tuesday 16th June '26	Wednesday 17th June '26	Thursday 18th June '26	Friday 19th June '26
Lunch		Russian Theme			
Salad Bar 🥗	Diced Cucumber, Tomato, Carrots, Beetroot				
	Lentil Salad / Green Garden Salad	MIMOSA Salad (Veg) /Stick Salad	Three Beans Salad /Ribbon Salad	Tomato & Basil Salad/Green Salad with Crotons Salad	
Soup 🍲		Lime Water		Fruit Punch	
Themed Lunch	Meatless Monday Spinach Roti with Vegetable & Paneer Roll Veg Caponata Tossed Vegetable	Russian Chicken VEGETABLE KULEBYAKA (Baked Vegetable) BAKED CABBAGE ROLLS WITH LENTILS	Chicken Pahadi Tikka Masala Veg Lasagna Steam Vegetable	Chicken Pizza Veg Pizza Tossed Vegetable	HOLIDAY
Indian Lunch 🍛	Paneer Pahadi Kabab Masala Dal Bukhara Steam Rice Chapati	Bhindi Do Pyaza Dal Fry Steam Rice Chapati	Tawa Veg Chilka Masoor Dal Steam Rice Chapati	Paneer Sufiyani Tikka Masala Dahi Vada Dal Tadka Dhaba Pulao Chapati	
Desserts 🍰	Apple Pie		Chocolate Brownie	Ice Cream	
Fruits 🍏 - Cut fruits					
Accompaniments 🥫 - Papad/Pickle/Raita					