



Food Menu

Sept 2026



Week 1 (Dates: 31st August - 5th Sept)

	Monday 31 st August ‘26	Tuesday 1 st Sept ‘26	Wednesday 2 nd Sept ‘26	Thursday 3 rd Sept ‘26	Friday 4 th Sept ‘26
Tomato Lunch		Spanish Theme		Maharashtrian Theme	
Salad Bar 🥗	Diced Cucumber, Tomato, Carrots, Beetroot				
	Stick Salad /Sprouts Salad	Ensalada Roasted Vegetable Salad/Bell Pepper	Chef Salad /Lentil Salad	Kachumber Salad/ Tossed Salad	Tomato & basil Salad/ Lentil Salad
Soup 🍲	Cream of Cauliflower Soup	Spanish Vegetable Soup			
Themed Lunch	Meatless Monday Veg Quesadilla Tossed Vegetable	Pollo al Ajillo (Garlic Chicken) Pisto Manchego (Spanish Ratatouille) Verduras Asadas Corn Romesco (Roasted Vegetable)	Chicken Hakka Noodle Veg Hakka Noodle Hot & Sour veg Veg Fried Rice	Chicken Kolhapuri Veg Lasagna Steamed Veg	Chicken Kati Roll Veg Kati Roll Tossed Vegetable
Indian Lunch 🍛	Paneer Do Pyaza Dal Fry Steam Rice Chapati	Gobi Homestyle Dal Adraki Steam Rice Chapati	Tawa Vegetable Dal Makhani Vegetable Pulav Chapati	Aloo Bhaji Varan Masala Bhat Chapati	Paneer Tikka Masala Papdi Chat Dal Tadka Dhaba Pulao Chapati
Desserts 🍰	Chocolate Mousse		Apple Pie		Ice Cream
Fruits 🍏 - Cut fruits					
Accompaniments 🥛 - Papad/Pickle/Raita					

Week 2 (Dates: 7th Sept – 11th Sept)

	Monday 7 th Sept ‘26	Tuesday 8 th Sept ‘26	Wednesday 9 th Sept ‘26	Thursday 10 th Sept ‘26	Friday 11 th Sept ‘26
Lunch		American Theme		Rajasthani Theme	
Salad Bar 🥗	Diced Cucumber, Tomato, Carrots, Beetroot				
	Papdi Chat Salad/Kites Salad	Potato Salad/Sprouts Salad	Classic Lentil Salad /Stick Salad	Toss Salad/ Corn Salad	Stick Salad / Tofu Salad
Soup 🍲	Cream Of Broccoli Soup	Potato Soup			
Themed Lunch	Meatless Monday Paneer Popcorn Vegetable Roll Grilled Vegetable	Chicken Burger Veg Burger Mac N Cheese	Grilled Fish with Chimichurri Sauce Veg Caponata Tossed Vegetables	Chicken Pie Vegetable Pie Tossed Vegetable	Beetroot Roti with Chicken Roll Beetroot Roti with Vegetable Roll Steam Vegetables
Indian Lunch 🍛	Veg Vindaloo Dal Triveni Steam Rice Chapati	Aloo Matar Dal Tadka Steam Rice Chapati	Cabbage Homestyle Panchmel Dal Steam Rice Chapati	Dahi Bhindi Lauki Chana Dal Corn Methi Pulav Chapatti	Dahi Wada Paneer Reshmi Tikka Masala Dal Bukhara Vegetable Pulao Chapati
Desserts 🍰	Caramel Custard		Truffle Pudding		Ice Cream
Fruits 🍏 - Cut fruits					
Accompaniments 🥫 - Papad/Pickle/Raita					

Week 3 (Dates: 14th Sept – 18th Sept)

	Monday 14 th Sept ‘26	Tuesday 15 th Sept ‘26	Wednesday 16 th Sept ‘26	Thursday 17 th Sept ‘26	Friday 18 th Sept ‘26
Lunch				South Indian Theme	
Salad Bar 🥗	Diced Cucumber, Tomato, Carrots, Beetroot				
		Tomato & Basil Salad / Three Beans Salad	Tofu Salad /Ribbon Salad	Tomato & Basil Salad/Corn Salad	Three Beans Salad/Lentil & vegetable Salad
Soup 🍲		Cream of Veg Soup			
Themed Lunch	Holiday	Chicken Alakiev Pasta with Crème Garlic Sauce Tossed Vegetable	Mutton Stew Vegetable Stew Grilled Veg	Chicken Keema Masala Pasta with Tomato Sauce Steam Vegetable	Chicken Quesadilla Veg Quesadilla Tossed Vegetable
Indian Lunch 🍛		Bhindi Do Pyaza Dal Adraki Steam Rice Chapati	Chole Masala Dal Fry Steam Rice Chapati/Puri	Rassam Veg Avial (Vegetable with Coconut Gravy) Sambar Lemon Rice Chapati/Laccha Paratha	Paneer Tawa Masala Bhel Chat Dal Tadka Vegetable Biryani Chapatti
Desserts 🍰			Oats Cookies		Ice Cream
Fruits 🍏 - Cut fruits					
Accompaniments 🥫 - Papad/Pickle/Raita					

Week 4 (Dates: 21st Sept – 25th Sept)

	Monday 21 st Sept ‘26	Tuesday 22 nd Sept ‘26	Wednesday 23 rd Sept ‘26	Thursday 24 th Sept ‘26	Friday 25 th Sept ‘26
Lunch		France Theme			
Salad Bar 🥗	Diced Cucumber, Tomato, Carrots, Beetroot				
	Green Moong Salad/Kites Salad	Roasted Vegetable Salad / Tomato & Basil Salad	Classic Lentil Salad /Stick Salad	Lentil Salad / Tomato & Basil Salad	
Soup 🍲	Cream Of Peas Soup	Fruit Punch			
Themed Lunch	Meatless Monday Live Pasta Counter Tossed Vegetable	Chicken Fricassee Ratatouille Sautéed Green Beans	Chicken Keema Masala Spaghetti Pasta with Tomato Sauce Tossed Vegetable	Chicken Quesadilla Veg Quesadilla Tossed Vegetables	HOLIDAY
Indian Lunch 🍛	Paneer Butter Masala Chilka moong dal Steam Rice Chapati	Veg Jalfrezi Dal Masoor Steam Rice Chapati	Gobi Homestyle Dal fry Jeera rice Chapati	Pav Bhaji Paneer Butter Masala Dal Adraki Vegetable Pulao Chapati	
Desserts 🍰	Modak		Biscuit Cake	Ice Cream	
Fruits 🍏 - Cut fruits					
Accompaniments 🥫 - Papad/Pickle/Raita					